

## ***Authentic Leadership Course “Alchemists”-***

benefits anyone committed to learning and developing themselves as more balanced and whole individuals. Join with a small group of like-minded people who want to learn to influence with integrity and vision!

The Alchemist Leadership Course is presented here in an eight-day intensive session, divided into two parts with monthly assignments between sessions--incorporating theory, practice, and resource building. One-on-one coaching, projects, and behavior specific feedback are used to transform weaknesses into strengths, increasing each participant's effectiveness as a person and leader.

The days are long and packed full of processes, so plan to take good care of yourself and get ready for a marvelous shift in personal power and consciousness.

**“Life is no brief candle to me: it is a sort of splendid torch which I've got hold of for the moment and I want to make it burn as brightly as possible before handing it on to future generations.”- George Bernard Shaw**



Alchemist Personal Development and Leadership Course challenges participants to be effective individuals and leaders who are present and compelling, demonstrating the following qualities:

- accountability
- vision
- decisiveness
- personal authority
- respect
- integrity
- give effective and respectful feedback
- thoughtfully facilitate change and resolve conflict
- model excellent communication skills
- commitment
- compassion
- creativity
- clarity
- authentic

When these elements are strong and aligned within a person, personal authenticity and leadership is the natural outcome.

**“Real freedom is the ability to pause between stimulus and response and in that pause choose.” -Rollo May**



## ***Presenters-***

**Lynette Butcher, PHd, RN, Med, NBC, MAC, MRET** Lynette is a professional transformational trainer, and has conducted trainings for more than 20 years. She's a Rapid Eye technician, and has been a counselor for more than 18 years. Lynette has also been psychology instructor at Salt Lake Community College and Columbia Basin Community College.

**Lynell Beckstrom, CADC I, MRET** Lynell has been a professional Rapid Eye technician and trainer for 22 years, an addictions counselor and has owned and operated a wellness center. Lynell is a Reiki Master Teacher, an herbalist, and is trained in many healing modalities. Lynell is also a career and spiritual coach. She has been a transformational trainer for more than 19 years.

## *LLHeartway Seminars*

Lynette Butcher † Lynell Beckstrom  
1620 No Road 32, Pasco, WA 99301

[www.RETRapidRelief.com](http://www.RETRapidRelief.com)  
[www.LLHeartway.com](http://www.LLHeartway.com)  
RETLynellB@aol.com  
801-856-1631

### *Alchemist Intensive 11*

1<sup>st</sup> Part--Will be Feb. 23-26, 2012  
In beautiful Kennewick, WA  
2<sup>nd</sup> Part--Will be May 24-27, 2012  
Same Location  
9:00 am to 6ish daily

Specific location and other details  
will be provided upon registration.

*Tuition and Deposit:* Tuition is  
\$1200 with a \$250 non-refundable  
deposit required upon registration.  
Registration and payment may be made  
at [www.RETRapidRelief.com](http://www.RETRapidRelief.com) .

Half may be paid in Feb. with the  
remaining half paid in May. Payment  
plans available.

All individuals who have attended an  
Alchemy Course are invited to attend  
Weird Shift weekends held once a year.  
Attending Weird Shift weekend allows  
us to continue processing and connect  
with others who are striving for the  
same growth and build community.



# Alchemists: Authentic Leadership Course

*“Turning Personal  
Lead Into Gold”*

Feb. 23-26, 2012 † May 24-27, 2012  
A two-part session format