

Schedule

The group sessions for the Illuminated Life will be held at Heartway Headquarters in West Jordan, UT.

You must commit to attend all twelve classes. Please clear your calendar. Classes will be from 10 a.m. to 6 p.m.

Jan 6, 2008	July 13, 2008
Feb 3, 2008	August 3, 2008
Mar 9, 2008	Sept 7, 2008
April 6, 2008	Oct 5, 2008
May 11, 2008	Nov 9, 2008
June 15, 2008	Dec 7, 2008



Tuition and Deposit:

There is a \$250 non-refundable deposit. This covers your class desposit and intake interview and RET session. Tuition is \$1450 for this twelve-month course and after paying the deposit, the remaining balance may be paid

at \$100 per month.

You are responsible for scheduling your intake interview and RET session prior to the first group meeting in January. *Please note:* this class cannot be taken as a "Free Repeat" as with other Heartway classes.

Call 801.856.1631 (Lynell) to register or for more information, or email llheartway@gmail.com.

To complete your registration, please send deposit check made out to Lynell Beckstrom and mail to:

Heartway Seminars
8837 Pagoda Tree Lane
West Jordan, UT 84088

Heartway Seminars
8837 Pagoda Tree Lane
West Jordan, UT 84088



L&L Heartway Trainings

The Illuminated Life

Personal Alchemical Healing

A 12-month personal journey beginning
January 2008

Heartway Headquarters
West Jordan, UT

The Illuminated Life

The path to self-enlightenment begins when we chose to become conscious of our patterns, our reactions, and take responsibility for our choices. The Illuminated Life is a course designed to bring about another layer of healing, through a personal alchemical journey. This path will not be a gentle stroll, but a twelve-month birthing into a deeper level of being.

You were taught in the Alchemist class how to relate to others and your environment in a new way. You opened up to the possibilities of your life, and you live in the world around you in a different way. But have you gone as far as your can go?

In the Illuminated Life you will be led to learn more about yourself and how the relationship with yourself and Source brings inner peace and harmony. You will take the shifts that you made in Alchemists, and turn them into action. This is a class about forward movement, accountability, and personal introspection. There is a great deal of personal commitment required to even enroll in the class. You must be able to attend all twelve classes and commit to doing all required work.



Intense Personal Study

During the twelve-month class, you will be asked to take responsibility for your intentions and your healing. The class begins with a personal interview with one of the facilitators, in order to assess where you are and what your goals for the class may be. You will also be asked to complete a personalized Rapid Eye session for the purpose of dispelling certain personal programming you may carry.

The class will meet as a group one day each month for twelve months. In addition to the group meeting, you will have a personal coaching session with one of the facilitators, usually over the phone. There will be homework assignments designed to assist you to go deeper into your personal work.

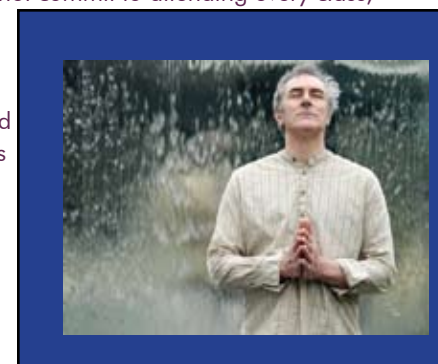
Monthly Topics:

1. Bearings: Where am I now in my life?
2. Self: What is my relationship to myself?
3. Beliefs: What truths and rules govern my life?
4. Significant others: How do I relate to the most important persons in life?
5. Love: What part does love play in my life?
6. Ultimate point: What is the meaning of death in my life? Am I living for death?
7. Potentiality: What's possible for me?
8. Values: What is important to me?
9. Goals: What do I seek? What do I find?
10. Assets: What do I have going for me?
11. Commitment: What will I do to move my life along?
12. Threshold: What's ahead for me?

Class Considerations

This class is designed for the Alchemist graduate. If you have not yet completed Alchemists, similar experience will be considered along with an interview with the facilitators. We will only be accepting 10 participants in each class, and the class will only be offered once per year. It is our intention to begin the class in January, so that you may reframe the beginning of a new year.

There are homework assignments requiring reading and practice, as well as a monthly coaching phone call. If you cannot commit to attending every class, completing the assignments or the coaching calls, you should not enroll in this class.



Facilitators

Lynette Butcher, RN, Med, NBC, MAC, MRET, M. Div. Lynette is a professional transformational trainer, and has conducted trainings for more than 16 years. She's a Rapid Eye technician, and has been a counselor for more than ten years. Lynette is also a psychology instructor at Salt Lake Community College.

Lynell Beckstrom, CADC I, MRET Lynell has been a professional Rapid Eye technician and trainer for 19 years, an addictions counselor and has owned and operated a wellness center. Lynell is a Reiki Master Teacher, an herbalist, and is trained in many healing modalities. Lynell is also a career and spiritual coach. She has been a transformational trainer for almost 20 years.